White-Fleshed Peach Varieties for New Jersey Commercial and Home Orchardists

Fact Sheet FS1203

Manon

Yukon King

White Lady

Cooperative Extension

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White-fleshed peaches have the same range of fruit and tree characteristics as yellow-fleshed varieties. These suggested varieties include a number with low or sub acid flesh unlike most of the suggested yellow-fleshed varieties.

The following varieties are listed by season of ripening in southern New Jersey. Dates of ripening may be slightly later in the central or northern areas of the state.

Read fact sheets on Yellow-Fleshed Peach Varieties for New Jersey, Flat Peach Varieties for New Jersey and Nectarine Varieties for New Jersey for additional information.

Spring Snow – A medium, globose, 70-90% pinkish over cream-white ground color, white-fleshed, clingstone peach ripening June 29–July 1, approximately 27 days before Red-haven. The flesh is firm to very firm with a good sub acid flavor. The tree is vigorous and moderately productive with medium susceptibility to bacterial spot. This peach will produce split pits.

Manon – (Pictured left). A medium, globose, 70-90% pinkish-red over cream-white ground color; white-fleshed, clingstone peach ripening July 1-4, approximately 21 days before Redhaven. The flesh is firm with very good low acid flavor. The tree is upright spreading, vigorous, and moderately productive with low susceptibility to bacterial spot. The flavor and color on this early variety is very good with medium susceptibility to bacterial spot.

Scarlet Pearl – A small to medium, globose to slightly ovate, 50-70% pinkish-red over cream-green ground color, white-fleshed, clingstone peach ripening July 6-9, approximately 18 days before Redhaven. The flesh is moderately firm with good flavor. The tree is vigorous and very productive with low susceptibility to bacterial spot. Scarlet Pearl is suggested for home orchard plantings because of it early maturity and productivity. This peach will produce split pits.

Sugar May – A medium, globose, 80-100% dark purplish-pink-red over pink ground color, white-with red in flesh, clingstone peach ripening July 8-11, approximately 15 days before Redhaven. The flesh is firm with good flavor. The tree is vigorous and moderately productive with medium susceptibility to bacterial spot. Fruit must be thinned hard to get good size. Flavor is good, but acidic; will produce split pits.

Suggestions for Home Orchardists

Scarlet Pearl
Southern Pearl
Raritan Rose
Carolina Belle
Blushing Star

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Southern Pearl – A medium to medium-large, ovate to slightly globose, 40-60% pinkish purple-red over cream-green ground color, white-fleshed, semi-freestone peach ripening July 17-20, approximately 6 days be- fore Redhaven. The flesh is moderately firm with good acidic flavor. The tree is vigorous, spread-ing, and productive with low susceptibility to bacterial spot. Southern Pearl is suggested for home orchard plantings.

Snow Bride – A medium-large, globose, 80-100% purple to pinkish-red over cream-red ground color; white-fleshed, semi-freestone peach ripening July 18-22, approximately 5days before Redhaven. The flesh is firm to very firm with a very good, low acid flavor. The tree is upright spreading, vigorous, and moderately productive with high susceptibility to bacterial spot. The skin is darker, making it less attractive than White Lady and has more bacterial spot.

White Cloud – A medium large, globose, 60-70% purplish pink red over pinkish cream green ground color, white-fleshed, clingstone, ripening July 21-24, a few days before Redhaven. The flesh is firm, non-melting, with slightly acidic, aromatic, very good sweet flavor. The tree is spreading, vigorous, and productive with low susceptibility to bacterial spot. This attractive early peach from Arkansas has very good early season flavor.

Raritan Rose – A medium, globose to slightly ovate, 20-50% dark pinkish-red with a greenish-cream ground color, white-fleshed, semi-freestone peach ripening July 25-28, with Redhaven. The flesh is soft with very good aromatic, sweet, and acidic flavor. The tree is vigorous and productive with medium susceptibility to bacterial spot. This is an old favorite in New Jersey and is suggested for home orchard plantings. It's soft with very good aromatic, sweet, and acidic flavor. The tree is vigorous and productive with medium susceptibility to bacterial spot. This is an old favorite in New Jersey and is suggested for home orchard plantings.

White Lady – (Pictured front right). A medium to large, globose to slightly ovate, 90-100% pink to purplish-red over white-red ground color; white-fleshed, semi-freestone peach ripening July 30-August 4, approximately 5 days after Redhaven. The flesh is very firm with good to very good sub acid flavor. The tree is erect, vigorous, and moderately productive with medium susceptibility to bacterial spot. White Lady is the standard of sub acid white-fleshed peaches. Skin can sometime become discolored with abrasions and ink spots.

Snow Beauty – A medium to medium-large, globose to slightly ovate, 90-100% deep pinkish-red over a slightly cream-red ground color, white-fleshed, semi-freestone peach ripening August 1-4, approximately 7 days after Redhaven. The flesh is very firm with good flavor. The tree is vigorous and moderately productive with high to very high susceptibility to bacterial spot. This dull, dark pink-skinned variety gets quite a bit of bacterial spot on fruit and tree.

Klondike White – A large to very large, globose, 90-100% pink-purplish-red over a slightly cream-red ground color; white-fleshed, semi-freestone peach ripening August 4-7, approximately 10 days after Redhaven. The flesh is very firm with a very good sweet and sub acid flavor. The tree is vigorous and moderately to lightly productive with high susceptibility to bacterial spot. Klondike is a beautiful and very firm sub acid peach.

Carolina Belle – A medium-large, globose to slightly ovate, 30-70% pinkish-red over a cream-green ground color, white-fleshed, freestone ripening August 9-12, approximately 15 days after Redhaven. It has a sweet, aromatic, acidic and excellent flavor. The tree is vigorous and productive with low susceptibility to bacterial spot. This peach has some of the characteristics of Georgia Belle but with better size, firmness and color; it is suggested for home orchard plantings.

Blushingstar® – A medium to medium-large, globose, attractive, 60-80% purplish-red over cream-green ground color, white- fleshed, freestone peach ripening from August 13-17, approximately 19 days after Redhaven. The flesh is firm with an acidic and very good flavor. The tree is vigorous and productive with medium susceptibility to bacterial spot. A nice peach all around, it is also suggested for home orchard plantings.

Sugar Giant – A very large, ovate to slightly globose, 100% bright and full pinkish- to purplish-red with occasional whitish-red ground color; white-fleshed, freestone peach ripening August 16-20, approximately 22 days after Redhaven. The flesh is very firm with a very good and sub acid flavor.

Sugar Giant is not quite as firm as White Lady, Klondike White, or Snow Giant. The tree is vigorous and moderately productive with high susceptibility to bacterial spot. Sugar Giant can also get skin discoloration and inking because of its dark color when the skin softens.

(Continued on last page)

Comparison Chart of White-Fleshed Peach Varieties with all Peach Varieties				
Ripening Date in Southern NJ	**Best Peach Cultivars**	**Best Nectarine Cultivars**	**Promising Peach Cultivars for Trial**	**Promising Nectarine Cultivars**
June 25 to July 5	Flamin Fury PF5B Desiree NJ 350 Sunbrite Spring Snow(W) Spring Prince Sugar May (W)	Mayfire	Rich May Queencrest Flamin Fury PF 5Big Sugar May (W) Carored Manon (W)	Westbrook
July 6 to July 12	Harrow Dawn Ruby Prince Sentry	ArcticStar (W)	Earlystar Scarlet Pearl (W)	Jade (W)
July 13 to July 19	Flamin Fury PF 7 Glenglo Ruby Prince Sentry Summer Serenade	Easternglo Arctic Sweet (W) Arctic Glo (W) Honeyblaze	Vulcan NJ F 18 (FY) Flamin Fury PF 8Ball Snowbrite (W) Galaxy(FW)	Silver Gem (W) Arrington
July 20 to July 26	Saturn (FW) Flavorcrest GaLa Arctic Sweet(W) Flamin Fury PF 11	Flamin' Fury PF11 Harblaze	Country Sweet SnowBrite (W) Vinegold NJF 15 (FY) White Cloud (W) Raritan Rose (W)	Honeykist
July 27 to August 3	Early Loring Flamin Fury PF15A Redstar Redhaven John Boy White Lady (W) Starfire Flamin Fury PF 11 Lucky 13	Harflame Summer Beaut	Blazing Star TangOs NJF 16 (FY) Blaze Prince Snow Beautyy (W) Flamin Fury PF 9A-007 Salem	Bradley
August 4 to August 10	Coralstar Bounty July Prince Flamin Fury PF17 Harrow Beauty Klondike (W) Loring	Arctic Jay (W) Flavortop Sunglo	Harrow Fair Flamin Fury PF19-007 Scarlet Prince TangOsII NJ F 17 (FW) Flavorburst Carolina Belle (W)	Emeraude (W)

August 11 to August 18	Allstar Contender Flamin' Fury PF23 Flamin' Fury PF24-007 Glowing Star	Redgold	Glowingstar Redkist Flamin Fury PF 22-007 Blushingstar (W) Sweet N Up	Arctic Belle (W) Honey Royale
August 19 to August 26	Cresthaven Flamin' Fury PF Lucky 24B Flamin' Fury PF25 Gloria NJ 351 Messina NJ 352	Fantasia	Early August Prince Sugar Giant (W) Opale (W) Sweet Breeze Benedicte (W)	Arctic Gold(W)
August 27 to September 3	Flamin Fury PF27A Flamin' Fury PF 28-007 Jerseyqueen Fayette Redskin		Summerfest Lady Nancy (W) August Prince	Stark Ovation Zephyr (W)
September 3 to September 10	Laurol Flamin Fury PF 35-007 Fat Lady Flameprince		Autumn Star Snow Giant (W) Yukon King (W)	Arctic Pride (W)
September 10 and Later	Victoria NJ 353		Big Red (CVN #3)	

See Table 11.1 in "Tree Fruit Pests and Controls" in the New Jersey Tree Fruit Production Guide for bacterial spot ratings.
(W) Indicates White-Fleshed, (FW) Indicates Flat White-Fleshed, (FY) Indicates Flat White-Fleshed

Opale – A large, globose, 80-90% dark pink-red, over cream- green ground color, white-fleshed, freestone peach ripening August 22-25, approximately 28 days after Redhaven. The flesh is very firm, with very good sub acid flavor. The tree is upright spreading, vigorous, and moderately productive with high susceptibility to bacterial spot. It is also very susceptible to brown rot.

Snowfire – A large to very large, 70-80% dark purplish-pink-red or over cream-green ground color, white-fleshed, freestone peach ripening August 22-25, approximately 28 days after Redhaven. The flesh is very firm but softens quickly. The flavor is sub acid and very good. The tree is vigorous, moderately to lightly productive with high susceptibility to bacterial spot. Snowfire has the same problems as Snow King: low productivity and high susceptibility to bacterial spot and brown rot. It ripens earlier than Snow King and does not have as much red skin color.

Benedicte – A large to very large, ovate to slightly globose, 80-90% pinkish-red over cream-green ground color, white- fleshed, freestone peach ripening August 24-27, approximately 30 days after Redhaven. The flesh is firm to very firm and has quite a bit of red bleeding but the flavor is sub acid and very good. The tree is upright spreading, vigorous, moderately productive with medium to high susceptibility to bacterial spot. This peach ripens just after Sugar Giant but is not as attractive.

Lady Nancy – A very large, ovate to globose peach with 30 to 60% bright, pinkish-red over a creamy white ground color; white-fleshed freestone flesh ripening from August 24-28 approximately 31 days after Redhaven. The flesh has a prominent yellow suture through the white with an acidic but excellent aromatic flavor. The tree is like Jerseyqueen, with a very vigorous, moderate productivity, and high to medium susceptibility to bacterial spot. Fruit is typical Jerseyqueen shape.

Snow King – A slightly oblate to globose, large to very large, 80-90% dark purplish pink red or over cream green ground color, white-fleshed, freestone peach ripening on August 26-29, approximately 33 days after Redhaven. The flesh is very firm with a sub acid very good flavor. The tree is upright spreading, vigorous, and moderately productive with high susceptibility to bacterial spot. Snow King is a challenge to grow in New Jersey due to high susceptibility to bacterial spot and brown rot.

Snow Giant – A very large, globose, 60-80% pinkish purple-red over cream-green ground color; white–fleshed, freestone peach ripening from September 3-7, approximately 40 days after Redhaven. The flesh is very firm, with a very good, sub acid flavor. The tree is vigorous and moderately productive, with a high susceptibility to bacterial spot. Snow Giant is not as red skinned as other earlier maturing sub acid peaches.

Yukon King – (Pictured front center). A large, ovate to slightly globose, 50-80% pinkish-red over a cream white ground color; white-fleshed, freestone peach ripening September 6-9 approximately 43 days after Redhaven. The flesh is firm to very firm with an excellent sub acid flavor. The tree is spreading, medium large, and moderately productive with high susceptibility to bacterial spot. This is a great tasting peach but late with spot problems on fruit.

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